

# CAMP NOMINIQUE

## **Clothing and Equipment a Camper should bring to Camp**

### **Clothing**

1 pillow with durable cover	1 life jacket for water sports & canoe trips
2 pillow cases	3 pairs warm pyjamas
1 sleeping bag	2 swim suits
1 coloured blanket – REQUIRED	3 beach towels
7-8 T-shirts toilet articles	1 raincoat
2-3 long sleeve shirts	writing materials
2 or 3 sweatshirts / sweaters	flashlight
1 windbreaker or shell	small pocket knife (1 or 2 blades for carving only)
2 or 3 pairs long pants / jeans	- for boys 11 years & older only!
2 or 3 pairs shorts	2 white bandanas (for games)
6 to 8 pairs underwear	2 red bandanas (for games)
6 to 8 pairs socks	1 pair rubber “billy” boots (younger boys primarily)
2 or 3 pairs sport shoes	1 hat/ cap for the sun
Water bottle	Toiletries, sunscreen, bug repellent

### **Returning campers, don't forget your shield!**

#### **Essential for 3-10 day canoe trips (Boys 10-16 yrs)**

2 pairs of canvas or nylon running shoes	1-2 heavy duty socks
(These will go through a lot.	Rugged rain suit (jacket & pants)
Send old shoes or inexpensive ones.)	Fox 40 whistle (LITs only)

These are suggestions only for a 26-day stay. You may be guided by the fact that the laundry goes out once a week and returns in two or three days. It's a good idea to make a copy of this list and place it on the underside of your child's trunk lid to aid your son and his counsellor in keeping track of the items.

### **Miscellaneous Sports & Recreational Equipment**

The Camp has an ample supply of equipment for most Camp activities. However, here is a list of items, which could be useful if a camper already owns them.

paddle	reading material
baseball glove	mountain bike helmet (for 11 yrs. and older)
swim fins & mask	tennis racket & balls
musical instrument – guitar, etc.	fishing gear

*Avoid sending expensive equipment to camp. Storage is in a tent and there are up to 200 campers at the camp at any one time.*